

The mental health support students need



rephael
house

supporting emotional health since 1997

A Professional, Bespoke
In-house Therapy Service

Who is Rephael House?

Rephael House is an independent mental health charity established in 1997 and offers one to one professional therapy both in-house and within the community. We are an organisational member of the BACP and are bound by their code of ethics.

We provide a therapeutic service for a cross section of the community from our centre in North Finchley. Alongside our comprehensive range of services for children and adults, CAMHS Barnet also fund a free weekday and Saturday service for anyone aged 4 – 19 years from this venue. From our outreach rooms in Hatfield, CAMHS Hertfordshire fund us to provide a free service for anyone that lives within the Hatfield and Welwyn area. This service is for young people aged between 12 – 19 years.

Our service also includes a bespoke one to one therapy service to schools and colleges within Hertfordshire and Barnet.

Although this is a traded service we are a not for profit organisation and our rates are very competitive and we pride ourselves on giving value for money.

What we do?

The outreach service consists of:

A qualified therapist that specialises in working with young people and the range of diverse issues

A user friendly online referral system

Regular Supervision, for the therapist, provided by Rephael House

Dedicated contact person

Weekly sessions - 45 minutes per session

In-house continued professional development

Short or long term therapy sessions

Service evaluation:

As a charity it is important for us to ensure the efficacy of the service we are providing. Therefore we have put in the following steps to ensure that we provide the students with the best possible outcomes:

Completion of CORE (Clinical Outcome Routine Evaluations forms). These firstly help identify the issues troubling the young person and then, used periodically, track the outcomes for the young person.

Therapist assessment and ending data is recorded.

Evaluation forms completed by the young person at the end of the therapy.

An annual report collating all data gathered on the service is provided, illustrating its strengths and any areas for development.

Our Therapists

Our team consists of experienced practitioners who work in conjunction with their chosen orientation as well as being informed by the on-going continued professional development training.

Qualification:

Post-graduate Diploma or Master's level qualification in therapeutic counselling

A minimum of one year's post qualification continued experience
A minimum of one year's experience of working with children and young people

Skills and abilities:

Good written and verbal communication skills
IT literate

Positive communication and listening skills
A professional and non-judgemental approach

Professional standards:

Membership to the BACP, UKCP or equivalent professional awarding body

Organisational and personal professional indemnity insurance

A commitment to continued professional development

Records kept in line with the BACP and GDPR guidelines

Enhanced DBS

Child protection training updates every 2 years

Why Rephael House?

With the mental health needs of children and young people increasing the demands on educational facilities has grown. You need a service that you can rely on and will almost run itself. Rephael House will provide that for you.

Our therapist will help provide you with a high quality, comprehensive therapeutic provision to support the unique needs of your students.

We will manage the waiting list, the administration and the supervision of the therapist. We will liaise directly with school staff concerning pastoral support and safeguarding.

All we require of you is to provide us with a discreet room from which to conduct weekly therapy sessions along with a safe place to keep paperwork and creative materials, and access to WIFI.

Annual Cost

Based on 36 weeks per year:
Session amount subject to time table

Half a day each week
Morning or afternoon session (one therapist)
£5,400 annually

Whole school day each week (one therapist)
£10,800 annually

What to do next

For a consultation or informal conversation please contact Julia Fellows or Anesta Edge to arrange a mutually agreeable time to discuss how Rephael House can support your staff and students.



020 8440 9144



CEO@rephaelhouse.org.uk



www.rephaelhouse.org.uk



36b Woodhouse Road,
North Finchley, London N12 0RG